

CHILD GROWTH STANDARDS TABLE ^{1/, 2/}
Weight (kg) for Height (cm) of Boys 24-60 Months Old



INSTRUCTIONS FOR USE

Upon taking the child’s length, round off the actual reading to the nearest 0.5 cm. For instance, for a child 51.3 cm. in length, refer to row 51.5 cm. or if a child’s length is 58.6 cm, refer to row 58.5 cm. Depending under which column the weight of the child falls, classify the child as SAM, MAM, normal, overweight or obese.

Length (cm)	Weight (kg)							
	SAM ^{3/}	MAM ^{4/}		Normal		Overweight		Obese
		From	To	From	To	From	To	
		< -3SD	-3SD	< -2SD	-2SD	+2SD	> +2SD	
65.0	5.8	5.9	6.2	6.3	8.8	8.9	9.6	9.7
65.5	5.9	6.0	6.3	6.4	8.9	9.0	9.8	9.9
66.0	6.0	6.1	6.4	6.5	9.1	9.2	9.9	10.0
66.5	6.0	6.1	6.5	6.6	9.2	9.3	10.1	10.2
67.0	6.1	6.2	6.6	6.7	9.4	9.5	10.2	10.3
67.5	6.2	6.3	6.7	6.8	9.5	9.6	10.4	10.5
68.0	6.3	6.4	6.8	6.9	9.6	9.7	10.5	10.6
68.5	6.4	6.5	6.9	7.0	9.8	9.9	10.7	10.8
69.0	6.5	6.6	7.0	7.1	9.9	10.0	10.8	10.9
69.5	6.6	6.7	7.1	7.2	10.0	10.1	11.0	11.1
70.0	6.7	6.8	7.2	7.3	10.2	10.3	11.1	11.2
70.5	6.8	6.9	7.3	7.4	10.3	10.4	11.3	11.4
71.0	6.8	6.9	7.4	7.5	10.4	10.5	11.4	11.5
71.5	6.9	7.0	7.5	7.6	10.6	10.7	11.6	11.7
72.0	7.0	7.1	7.6	7.7	10.7	10.8	11.7	11.8
72.5	7.1	7.2	7.7	7.8	10.8	10.9	11.8	11.9
73.0	7.2	7.3	7.8	7.9	11.0	11.1	12.0	12.1
73.5	7.3	7.4	7.8	7.9	11.1	11.2	12.1	12.2
74.0	7.3	7.4	7.9	8.0	11.2	11.3	12.2	12.3
74.5	7.4	7.5	8.0	8.1	11.3	11.4	12.4	12.5
75.0	7.5	7.6	8.1	8.2	11.4	11.5	12.5	12.6
75.5	7.6	7.7	8.2	8.3	11.6	11.7	12.6	12.7
76.0	7.6	7.7	8.3	8.4	11.7	11.8	12.8	12.9
76.5	7.7	7.8	8.4	8.5	11.8	11.9	12.9	13.0
77.0	7.8	7.9	8.4	8.5	11.9	12.0	13.0	13.1
77.5	7.9	8.0	8.5	8.6	12.0	12.1	13.1	13.2
78.0	7.9	8.0	8.6	8.7	12.1	12.2	13.3	13.4
78.5	8.0	8.1	8.7	8.8	12.2	12.3	13.4	13.5
79.0	8.1	8.2	8.7	8.8	12.3	12.4	13.5	13.6
79.5	8.2	8.3	8.8	8.9	12.4	12.5	13.6	13.7
80.0	8.2	8.3	8.9	9.0	12.6	12.7	13.7	13.8
80.5	8.3	8.4	9.0	9.1	12.7	12.8	13.8	13.9
81.0	8.4	8.5	9.1	9.2	12.8	12.9	14.0	14.1
81.5	8.5	8.6	9.2	9.3	12.9	13.0	14.1	14.2
82.0	8.6	8.7	9.2	9.3	13.0	13.1	14.2	14.3
82.5	8.6	8.7	9.3	9.4	13.1	13.2	14.4	14.5
83.0	8.7	8.8	9.4	9.5	13.3	13.4	14.5	14.6
83.5	8.8	8.9	9.5	9.6	13.4	13.5	14.6	14.7
84.0	8.9	9.0	9.6	9.7	13.5	13.6	14.8	14.9
84.5	9.0	9.1	9.8	9.9	13.7	13.8	14.9	15.0
85.0	9.1	9.2	9.9	10.0	13.8	13.9	15.1	15.2
85.5	9.2	9.3	10.0	10.1	13.9	14.0	15.2	15.3
86.0	9.3	9.4	10.1	10.2	14.1	14.2	15.4	15.5
86.5	9.4	9.5	10.2	10.3	14.2	14.3	15.5	15.6
87.0	9.5	9.6	10.3	10.4	14.4	14.5	15.7	15.8
87.5	9.6	9.7	10.4	10.5	14.5	14.6	15.8	15.9
88.0	9.7	9.8	10.5	10.6	14.7	14.8	16.0	16.1
88.5	9.8	9.9	10.6	10.7	14.8	14.9	16.1	16.2
89.0	9.9	10.0	10.7	10.8	14.9	15.0	16.3	16.4
89.5	10.0	10.1	10.8	10.9	15.1	15.2	16.4	16.5
90.0	10.1	10.2	10.9	11.0	15.2	15.3	16.6	16.7
90.5	10.2	10.3	11.0	11.1	15.3	15.4	16.7	16.8
91.0	10.3	10.4	11.1	11.2	15.5	15.6	16.9	17.0
91.5	10.4	10.5	11.2	11.3	15.6	15.7	17.0	17.1
92.0	10.5	10.6	11.3	11.4	15.8	15.9	17.2	17.3
92.5	10.6	10.7	11.4	11.5	15.9	16.0	17.3	17.4

Length (cm)	Weight (kg)							
	SAM ^{3/}	MAM ^{4/}		Normal		Overweight		Obese
		From	To	From	To	From	To	
		< -3SD	-3SD	< -2SD	-2SD	+2SD	> +2SD	
93.0	10.7	10.8	11.5	11.6	16.0	16.1	17.5	17.6
93.5	10.8	10.9	11.6	11.7	16.2	16.3	17.6	17.7
94.0	10.9	11.0	11.7	11.8	16.3	16.4	17.8	17.9
94.5	11.0	11.1	11.8	11.9	16.5	16.6	17.9	18.0
95.0	11.0	11.1	11.9	12.0	16.6	16.7	18.1	18.2
95.5	11.1	11.2	12.0	12.1	16.7	16.8	18.3	18.4
96.0	11.2	11.3	12.1	12.2	16.9	17.0	18.4	18.5
96.5	11.3	11.4	12.2	12.3	17.0	17.1	18.6	18.7
97.0	11.4	11.5	12.3	12.4	17.2	17.3	18.8	18.9
97.5	11.5	11.6	12.4	12.5	17.4	17.5	18.9	19.0
98.0	11.6	11.7	12.5	12.6	17.5	17.6	19.1	19.2
98.5	11.7	11.8	12.7	12.8	17.7	17.8	19.3	19.4
99.0	11.8	11.9	12.8	12.9	17.9	18.0	19.5	19.6
99.5	11.9	12.0	12.9	13.0	18.0	18.1	19.7	19.8
100.0	12.0	12.1	13.0	13.1	18.2	18.3	19.9	20.0
100.5	12.1	12.2	13.1	13.2	18.4	18.5	20.1	20.2
101.0	12.2	12.3	13.2	13.3	18.5	18.6	20.3	20.4
101.5	12.3	12.4	13.3	13.4	18.7	18.8	20.5	20.6
102.0	12.4	12.5	13.5	13.6	18.9	19.0	20.7	20.8
102.5	12.5	12.6	13.6	13.7	19.1	19.2	20.9	21.0
103.0	12.7	12.8	13.7	13.8	19.3	19.4	21.1	21.2
103.5	12.8	12.9	13.8	13.9	19.5	19.6	21.3	21.4
104.0	12.9	13.0	13.9	14.0	19.7	19.8	21.6	21.7
104.5	13.0	13.1	14.1	14.2	19.9	20.0	21.8	21.9
105.0	13.1	13.2	14.2	14.3	20.1	20.2	22.0	22.1
105.5	13.2	13.3	14.3	14.4	20.3	20.4	22.2	22.3
106.0	13.3	13.4	14.4	14.5	20.5	20.6	22.5	22.6
106.5	13.4	13.5	14.6	14.7	20.7	20.8	22.7	22.8
107.0	13.6	13.7	14.7	14.8	20.9	21.0	22.9	23.0
107.5	13.7	13.8	14.8	14.9	21.1	21.2	23.2	23.3
108.0	13.8	13.9	15.0	15.1	21.3	21.4	23.4	23.5
108.5	13.9	14.0	15.1	15.2	21.5	21.6	23.7	23.8
109.0	14.0	14.1	15.2	15.3	21.8	21.9	23.9	24.0
109.5	14.2	14.3	15.4	15.5	22.0	22.1	24.2	24.3
110.0	14.3	14.4	15.5	15.6	22.2	22.3	24.4	24.5
110.5	14.4	14.5	15.7	15.8	22.4	22.5	24.7	24.8
111.0	14.5	14.6	15.8	15.9	22.7	22.8	25.0	25.1
111.5	14.7	14.8	15.9	16.0	22.9	23.0	25.2	25.3
112.0	14.8	14.9	16.1	16.2	23.1	23.2	25.5	25.6
112.5	14.9	15.0	16.2	16.3	23.4	23.5	25.8	25.9
113.0	15.1	15.2	16.4	16.5	23.6	23.7	26.0	26.1
113.5	15.2	15.3	16.5	16.6	23.9	24.0	26.3	26.4
114.0	15.3	15.4	16.7	16.8	24.1	24.2	26.6	26.7
114.5	15.5	15.6	16.8	16.9	24.4	24.5	26.9	27.0
115.0	15.6	15.7	17.0	17.1	24.6	24.7	27.2	27.3
115.5	15.7	15.8	17.1	17.2	24.9	25.0	27.5	27.6
116.0	15.9	16.0	17.3	17.4	25.1	25.2	27.8	27.9
116.5	16.0	16.1	17.4	17.5	25.4	25.5	28.0	28.1
117.0	16.1	16.2	17.6	17.7	25.6	25.7	28.3	28.4
117.5	16.3	16.4	17.8	17.9	25.9	26.0	28.6	28.7
118.0	16.4	16.5	17.9	18.0	26.1	26.2	28.9	29.0
118.5	16.6	16.7	18.1	18.2	26.4	26.5	29.2	29.3
119.0	16.7	16.8	18.2	18.3	26.6	26.7	29.5	29.6
119.5	16.8	16.9	18.4	18.5	26.9	27.0	29.8	29.9
120.0	17.0	17.1	18.5	18.6	27.2	27.3	30.1	30.2

1/ Based on the WHO Child Growth Standards, Methods and Development, 2006
2/ This table is also downloadable at url: www.nnc.gov.ph
3/ SAM - Severely Acute Malnutrition; also referred to as severely wasted
4/ MAM - Moderately Acute Malnutrition; also referred to as moderately wasted



CHILD GROWTH STANDARDS TABLE ^{1/, 2/}
Weight (kg) for Height (cm) of Girls 24-60 Months



INSTRUCTIONS FOR USE

Upon taking the child's length, round off the actual reading to the nearest 0.5 cm. For instance, for a child 51.3 cm. in length, refer to row 51.5 cm. or if a child's length is 58.6 cm, refer to row 58.5 cm. Depending under which column the weight of the child falls, classify the child as SAM, MAM, normal, overweight or obese.

Length (cm)	Weight (kg)							
	SAM ^{3/}	MAM ^{4/}		Normal		Overweight		Obese
		From	To	From	To	From	To	
		< -3SD	-3SD	< -2SD	-2SD	+2SD	> +2SD	
65.0	5.5	5.6	6.0	6.1	8.7	8.8	9.7	9.8
65.5	5.6	5.7	6.1	6.2	8.9	9.0	9.8	9.9
66.0	5.7	5.8	6.2	6.3	9.0	9.1	10.0	10.1
66.5	5.7	5.8	6.3	6.4	9.1	9.2	10.1	10.2
67.0	5.8	5.9	6.3	6.4	9.3	9.4	10.2	10.3
67.5	5.9	6.0	6.4	6.5	9.4	9.5	10.4	10.5
68.0	6.0	6.1	6.5	6.6	9.5	9.6	10.5	10.6
68.5	6.1	6.2	6.6	6.7	9.7	9.8	10.7	10.8
69.0	6.2	6.3	6.7	6.8	9.8	9.9	10.8	10.9
69.5	6.2	6.3	6.8	6.9	9.9	10.0	10.9	11.0
70.0	6.3	6.4	6.9	7.0	10.0	10.1	11.1	11.2
70.5	6.4	6.5	7.0	7.1	10.1	10.2	11.2	11.3
71.0	6.5	6.6	7.0	7.1	10.3	10.4	11.3	11.4
71.5	6.6	6.7	7.1	7.2	10.4	10.5	11.5	11.6
72.0	6.6	6.7	7.2	7.3	10.5	10.6	11.6	11.7
72.5	6.7	6.8	7.3	7.4	10.6	10.7	11.7	11.8
73.0	6.8	6.9	7.4	7.5	10.7	10.8	11.8	11.9
73.5	6.9	7.0	7.5	7.6	10.8	10.9	12.0	12.1
74.0	6.9	7.0	7.5	7.6	11.0	11.1	12.1	12.2
74.5	7.0	7.1	7.6	7.7	11.1	11.2	12.2	12.3
75.0	7.1	7.2	7.7	7.8	11.2	11.3	12.3	12.4
75.5	7.1	7.2	7.8	7.9	11.3	11.4	12.5	12.6
76.0	7.2	7.3	7.9	8.0	11.4	11.5	12.6	12.7
76.5	7.3	7.4	7.9	8.0	11.5	11.6	12.7	12.8
77.0	7.4	7.5	8.0	8.1	11.6	11.7	12.8	12.9
77.5	7.4	7.5	8.1	8.2	11.7	11.8	12.9	13.0
78.0	7.5	7.6	8.2	8.3	11.8	11.9	13.1	13.2
78.5	7.6	7.7	8.3	8.4	12.0	12.1	13.2	13.3
79.0	7.7	7.8	8.3	8.4	12.1	12.2	13.3	13.4
79.5	7.7	7.8	8.4	8.5	12.2	12.3	13.4	13.5
80.0	7.8	7.9	8.5	8.6	12.3	12.4	13.6	13.7
80.5	7.9	8.0	8.6	8.7	12.4	12.5	13.7	13.8
81.0	8.0	8.1	8.7	8.8	12.6	12.7	13.9	14.0
81.5	8.1	8.2	8.8	8.9	12.7	12.8	14.0	14.1
82.0	8.2	8.3	8.9	9.0	12.8	12.9	14.1	14.2
82.5	8.3	8.4	9.0	9.1	13.0	13.1	14.3	14.4
83.0	8.4	8.5	9.1	9.2	13.1	13.2	14.5	14.6
83.5	8.4	8.5	9.2	9.3	13.3	13.4	14.6	14.7
84.0	8.5	8.6	9.3	9.4	13.4	13.5	14.8	14.9
84.5	8.6	8.7	9.4	9.5	13.5	13.6	14.9	15.0
85.0	8.7	8.8	9.5	9.6	13.7	13.8	15.1	15.2
85.5	8.8	8.9	9.6	9.7	13.8	13.9	15.3	15.4
86.0	8.9	9.0	9.7	9.8	14.0	14.1	15.4	15.5
86.5	9.0	9.1	9.8	9.9	14.2	14.3	15.6	15.7
87.0	9.1	9.2	9.9	10.0	14.3	14.4	15.8	15.9
87.5	9.2	9.3	10.0	10.1	14.5	14.6	15.9	16.0
88.0	9.3	9.4	10.1	10.2	14.6	14.7	16.1	16.2
88.5	9.4	9.5	10.2	10.3	14.8	14.9	16.3	16.4
89.0	9.5	9.6	10.3	10.4	14.9	15.0	16.4	16.5
89.5	9.6	9.7	10.4	10.5	15.1	15.2	16.6	16.7
90.0	9.7	9.8	10.5	10.6	15.2	15.3	16.8	16.9
90.5	9.8	9.9	10.6	10.7	15.4	15.5	16.9	17.0
91.0	9.9	10.0	10.8	10.9	15.5	15.6	17.1	17.2
91.5	10.0	10.1	10.9	11.0	15.7	15.8	17.3	17.4
92.0	10.1	10.2	11.0	11.1	15.8	15.9	17.4	17.5
92.5	10.2	10.3	11.1	11.2	16.0	16.1	17.6	17.7

Length (cm)	Weight (kg)							
	SAM ^{3/}	MAM ^{4/}		Normal		Overweight		Obese
		From	To	From	To	From	To	
		< -3SD	-3SD	< -2SD	-2SD	+2SD	> +2SD	
93.0	10.3	10.4	11.2	11.3	16.1	16.2	17.8	17.9
93.5	10.4	10.5	11.3	11.4	16.3	16.4	17.9	18.0
94.0	10.5	10.6	11.4	11.5	16.4	16.5	18.1	18.2
94.5	10.6	10.7	11.5	11.6	16.6	16.7	18.3	18.4
95.0	10.7	10.8	11.6	11.7	16.7	16.8	18.5	18.6
95.5	10.7	10.8	11.7	11.8	16.9	17.0	18.6	18.7
96.0	10.8	10.9	11.8	11.9	17.0	17.1	18.8	18.9
96.5	10.9	11.0	11.9	12.0	17.2	17.3	19.0	19.1
97.0	11.0	11.1	12.0	12.1	17.4	17.5	19.2	19.3
97.5	11.1	11.2	12.1	12.2	17.5	17.6	19.3	19.4
98.0	11.2	11.3	12.2	12.3	17.7	17.8	19.5	19.6
98.5	11.3	11.4	12.3	12.4	17.9	18.0	19.7	19.8
99.0	11.4	11.5	12.4	12.5	18.0	18.1	19.9	20.0
99.5	11.5	11.6	12.6	12.7	18.2	18.3	20.1	20.2
100.0	11.6	11.7	12.7	12.8	18.4	18.5	20.3	20.4
100.5	11.8	11.9	12.8	12.9	18.6	18.7	20.5	20.6
101.0	11.9	12.0	12.9	13.0	18.7	18.8	20.7	20.8
101.5	12.0	12.1	13.0	13.1	18.9	19.0	20.9	21.0
102.0	12.1	12.2	13.2	13.3	19.1	19.2	21.1	21.2
102.5	12.2	12.3	13.3	13.4	19.3	19.4	21.4	21.5
103.0	12.3	12.4	13.4	13.5	19.5	19.6	21.6	21.7
103.5	12.4	12.5	13.5	13.6	19.7	19.8	21.8	21.9
104.0	12.5	12.6	13.7	13.8	19.9	20.0	22.0	22.1
104.5	12.7	12.8	13.8	13.9	20.1	20.2	22.3	22.4
105.0	12.8	12.9	13.9	14.0	20.3	20.4	22.5	22.6
105.5	12.9	13.0	14.1	14.2	20.5	20.6	22.7	22.8
106.0	13.0	13.1	14.2	14.3	20.8	20.9	23.0	23.1
106.5	13.2	13.3	14.4	14.5	21.0	21.1	23.2	23.3
107.0	13.3	13.4	14.5	14.6	21.2	21.3	23.5	23.6
107.5	13.4	13.5	14.6	14.7	21.4	21.5	23.7	23.8
108.0	13.6	13.7	14.8	14.9	21.7	21.8	24.0	24.1
108.5	13.7	13.8	14.9	15.0	21.9	22.0	24.3	24.4
109.0	13.8	13.9	15.1	15.2	22.1	22.2	24.5	24.6
109.5	14.0	14.1	15.3	15.4	22.4	22.5	24.8	24.9
110.0	14.1	14.2	15.4	15.5	22.6	22.7	25.1	25.2
110.5	14.3	14.4	15.6	15.7	22.9	23.0	25.4	25.5
111.0	14.4	14.5	15.7	15.8	23.1	23.2	25.7	25.8
111.5	14.6	14.7	15.9	16.0	23.4	23.5	26.0	26.1
112.0	14.7	14.8	16.1	16.2	23.6	23.7	26.2	26.3
112.5	14.9	15.0	16.2	16.3	23.9	24.0	26.5	26.6
113.0	15.0	15.1	16.4	16.5	24.2	24.3	26.8	26.9
113.5	15.2	15.3	16.6	16.7	24.4	24.5	27.1	27.2
114.0	15.3	15.4	16.7	16.8	24.7	24.8	27.4	27.5
114.5	15.5	15.6	16.9	17.0	25.0	25.1	27.8	27.9
115.0	15.6	15.7	17.1	17.2	25.2	25.3	28.1	28.2
115.5	15.8	15.9	17.2	17.3	25.5	25.6	28.4	28.5
116.0	15.9	16.0	17.4	17.5	25.8	25.9	28.7	28.8
116.5	16.1	16.2	17.6	17.7	26.1	26.2	29.0	29.1
117.0	16.2	16.3	17.7	17.8	26.3	26.4	29.3	29.4
117.5	16.4	16.5	17.9	18.0	26.6	26.7	29.6	29.7
118.0	16.5	16.6	18.1	18.2	26.9	27.0	29.9	30.0
118.5	16.7	16.8	18.3	18.4	27.2	27.3	30.3	30.4
119.0	16.8	16.9	18.4	18.5	27.4	27.5	30.6	30.7
119.5	17.0	17.1	18.6	18.7	27.7	27.8	30.9	31.0
120.0	17.2	17.3	18.8	18.9	28.0	28.1	31.2	31.3

1/ Based on the WHO Child Growth Standards, Methods and Development, 2006
2/ This table is also downloadable at url: www.nnc.gov.ph
3/ SAM - Severely Acute Malnutrition; also referred to as severely wasted
4/ MAM - Moderately Acute Malnutrition; also referred to as moderately wasted

